



# Asheville Buncombe Adult Soccer Association

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## RULES AND REGULATIONS

### A. INTRODUCTION

1. All teams under the jurisdiction of this Association shall play under FIFA rules as set forth by the United States Soccer Federation (USSF), Amateur Division, unless changes are specified herein as otherwise.
2. In the event of any organization, team, player, official member, referee or spectator being proven guilty of any violation of the Laws of the Game, Rules, Regulations, By-Laws of this League, or of the NCASA or USSF, the ABASA Board shall have the power to order the offending party to be removed from this Association, suspended for a stated period or dealt with in such manner as the Board may deem proper through its Discipline and Appeal Committee ("D & A Committee"). Any organization, team or player playing with or against the offending team, or player, shall also be dealt with, as the Board or D & A Committee may deem proper.
3. The player assumes all risks, responsibility and liability for loss, damage, or injury to him or herself while engaged as a player for the team or in using the property and facilities of the ABASA or of any entity allowing ABASA use of such property and facilities, whether such loss, damage or injury be occasioned by the team, its agents, employees or otherwise. The ABASA disclaims all claims for damages and costs arising out of such loss, damage, or injury.
4. The ABASA will make available limited medical coverage through the insurance programs sponsored by or provided by the NCASA and/or USSF. A player is only covered upon signing the official NCASA Registration Form and complying with the insurance requirements set out by the NCASA and the insurance provider.
5. Every team is responsible for the conduct of its players, staff, and spectators. As such, each team is required to take all precautions necessary to prevent spectators from threatening or assaulting officials and players before, during or after the conclusion of games.
6. Any team player, team or coach participating in a game outside the sanction of ABASA/NCASA is not covered by the NCASA Insurance Policy.
7. The referee is required to include incidents of misconduct by players or fans in his match report. Such cases shall be investigated by the Board and/or D & A Committee and punished as allowed in its governing documents.
8. The Association shall be entitled to publish in the press or in any other manner it may see fit league results, photos, information, etc.
9. In cases of charges pressed against an affiliated team, official or individual, ABASA shall have the power to call upon parties involved to produce any book, letter, or document and/or any other evidence the Board may require.



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### **B. ABASA SEXUAL HARASSMENT STATEMENT**

It is unlawful to harass a person because of that person's sex. Harassment can include "sexual harassment" or unwelcome sexual advances, requests for sexual favors, and other verbal or physical harassment of a sexual nature.

Harassment does not have to be of a sexual nature, however, and can include offensive remarks about a person's sex. For example, it is illegal to harass a woman by making offensive comments about women in general.

Both victim and the harasser can be either a woman or a man, and the victim and harasser can be the same sex.

Although the law doesn't prohibit simple teasing, offhand comments, or isolated incidents that are not very serious, harassment is illegal when it is so frequent or severe that it creates a hostile or offensive environment. (Title VII of the Civil Rights Act of 1964)

At all ABASA sponsored events, including matches, social events, etc., Sexual Harassment will not be tolerated in any way. If a Sexual Harassment scenario is brought to the ABASA Board, it will be recorded and reviewed by the ABASA Board who shall reserve the right for further discipline to individuals and/or teams. During matches, the match official is in charge and all accusations shall be brought to the official to then be recorded in the official match report. The ABASA Board has a ZERO Tolerance policy towards Sexual Harassment and will render discipline on an a la cart basis allowing both the accuser and accused to be heard.

### **C. ABASA NON-DISCRIMINATION AND STANCE AGAINST RACISM**

Discrimination of any kind against a team, private person, or group of people on account of ethnic origin, gender, language, religion, politics, or any other reason is strictly prohibited and punishable by suspension or expulsion from ABASA.

### **D. LEAGUE ADMINISTRATION**

1. ABASA will announce season dates, reserve fields, maintain relationships with city and county agencies, provide registration materials, book referees, track and publish team standings, collect player fees, submit team registration materials, maintain league compliance with NCASA Rules and Regulations, hold individual and team disciplinary hearings, enforce the Laws of the Game, the Rules of the Leagues, and issue fines, suspensions, and other disciplinary action to individuals and teams as it deems necessary to fulfill the mission of ABASA.



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2. ABASA will strive to offer the following Leagues for play, although others may be implemented depending upon demand:
  - a) OPEN Premier, 1st, 2nd, 3rd, 4th, and 5th (at least 6 teams per Division)
  - b) COED 1st, 2nd, and 3rd (at least 6 teams per Division)
  - c) WOMEN'S (at least 6 teams)
  - d) OVER 40 1st, 2nd, and 3rd (at least 6 teams per Division)
  - e) OVER 50 1st (at least 6 teams per Division)
3. In most instances, Leagues will be authorized if 6 or more teams express interest and register on time, field space permitting.
4. All Leagues will conform to the FIFA Laws of the Game with exceptions (number of players, length of matches, substitution limits, etc.) determined as needed for a particular League and/or tournament.
5. ABASA reserves the right to evaluate matches and league standings to determine if promotion and relegation of teams within League Divisions is necessary or if a team demonstrates that it should be in a division other than the one it has registered. The decision of the ABASA Board will be final in these matters. Any team promoted or relegated will not be allowed to circumvent such a decision by changing the team's name or by any similar action designed to change the outcome of the team's move. For promotion within the Open League (and any other specified Leagues) divisions, total points accumulated throughout the tournament will determine who will be promoted.
6. ABASA promotion and relegation as outlined in the Rules of Play may take place during the mid- season break and between seasons, at the discretion of the Board.

### **E. MATCHES and GAME PLAY**

1. Match length: 11v11 — 2, 45-minute halves with a 10-minute halftime interval. 8v8 — 2, 35-minute halves with a 10-minute halftime interval. Halftime can be shortened upon approval by both teams and match official.
2. Both teams are to be ready to play at the scheduled start time. Minimum players for 11v11 is 7 and minimum for 8v8 is 5. If one team is short (less than seven players for 11v11 and 5 for 8v8), a 10 ten-minute delay period will begin.

For 11v11 matches: If the team that is short players cannot field 7 players within 10 minutes past the start time, their opponent will have the option of accepting a forfeit at that time or delaying further for as long as 30 minutes past the original start time. If the match begins 30 minutes past the original start time two 35-minute halves will be played, with a 5-minute halftime.



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The referee is permitted to deduct an equal amount of time from each half once the game is past 5 minutes of the scheduled kick off. For both 11v11 and 8v8: after the halves have been shortened 5 minutes each, the next 5 minutes will be deducted from the usual 10 minute halftime interval.

For 8v8 matches: If the team cannot field the minimum of 5 players within 10 minutes of the scheduled start, their opponent will have the option of accepting a forfeit at that time or delaying further for as long as 30 minutes past the original start time. If the match begins 30 minutes past the original start time two 25-minute halves will be played, with a 5-minute halftime. As soon as the team that was short has enough players to start the match, it will begin.

The referee is permitted to deduct an equal amount of time from each half once the game is past 5 minutes of the scheduled kick off. For both 11v11 and 8v8: after the halves have been shortened 5 minutes each, the next 5 minutes will be deducted from the usual 10-minute halftime interval.

3. If the team does not have enough players after the delay, the match is a forfeit, and the winning team is awarded a 3-0 victory. If a match is abandoned because of the conduct of a team in the match, the other team shall automatically be awarded a win and the team engaging in the misconduct shall be awarded a loss. If a game must be abandoned due to the misconduct of both teams, the referee will file a complete report and the status of the game will be decided by the ABASA BOD. The ABASA BOD will immediately refer the matter to the ABASA D&C Committee for a recommendation before issuing a decision.
4. No scheduled games shall be postponed or re-scheduled without the consent of ABASA.
5. THERE IS NO SLIDE TACKLING IN THE COED LEAGUE!
6. Postponement policy – PLEASE SEE Section L below.
7. Teams must identify Home and Away uniform colors with their registration. When jersey colors of the competing teams are the same, the home team must change or provide satisfactory identifying marks.
8. The referee shall have the right to call off the game due to adverse weather. The Association, in cooperation with City and County officials, who own the fields, will, when possible, update the ABASA web site at least 1 hour prior to the scheduled start of matches.
9. Player substitutions shall be permitted as allowed for in FIFA Regulations with the following exceptions:
  - a) There is no limitation on re-entry.
  - b) There is no limitation on the number of substitutions during the match.
  - c) Any team deemed guilty of time-wasting during substitution is subject to the discipline of the referee, who may also add time to the match to make-up for the wasted time as he sees fit.
  - d) No subbing on corners



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- e) Substitution is allowed, but only *with the permission of the referee* at the following time:
    - i. On throw-in, either team may substitute if the team taking the throw-in substitutes.
    - ii. On goal-kick (either team may substitute)
    - iii. After a goal is scored (either team may substitute)
    - iv. At half-time (either team may substitute)
  - f) The number of substitutions shall be unlimited. Once the referee acknowledges the desire for a substitution, he will indicate his permission for one to be made. Before the substitution may enter the field of play, the player he is replacing must be completely off the field of play or he must be beckoned onto the field by the referee.
  - g) Cautioned players can be subbed out.
  - h) NOTE: When, in the opinion of the referee, a team substitutes to consume time (time wasting tactics), the referee can deny permission to substitute and/or warn the coach of the offending team that any repetition may be construed as Unsporting Behavior and will be punished accordingly (cautioned).
10. Standings shall be determined by awarding three (3) points for a win, one (1) point for a tie, zero (0) points for a loss.
11. Should two or more teams be tied on points at the end of the season, the following Tie-breaker format will apply:
- a) Head-to-Head.
  - b) Most shutouts.
  - c) Least goals allowed.
  - d) Most goals scored (max 3 per game).
12. Should two teams be tied at the end of a playoff or tournament match, the following tiebreaker format will apply:
- For 11v11 leagues: Two 10-minute extra-time periods played under the “Golden Goal standard” if no goal is scored then penalty kicks (best of 5). - (unless this standard is waived by the Board and notice is provided prior to the match). If tied after 5 penalty kicks, sudden death format will begin to determine the winner.
- For 8v8 leagues: Teams will play two 5-minute extra-time period under the Golden Goal standard, if no goal is scored then penalty kicks (best of 5). - (unless this standard is waived by the Board and notice is provided prior to the match). If tied after 5 penalty kicks, sudden death format will begin to determine the winner.
- Note: at the end of the extra-time period(s), only the players on the field will be allowed to participate in the kicks. Substitutions will not be permitted for the kicks.
13. A player will not be allowed to play without appropriate attire as spelled out in Law IV — Players Equipment.



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14. Matching team jerseys with numbers on the back are requisite to play. If applicable, Referees may allow “similar” jersey colors with the approval of the opposing team Captain prior to the game beginning.
15. The number on the back of the jersey may only be handwritten or taped with the approval of the Referee.
16. A game is considered complete at the end of the first half. If, for any reason, a game is terminated by the referee after the first half and before the end of regulation play, the score will stand as it is, and the game will be considered complete.
17. Forfeited games may still be played as a friendly with the approval of the ABASA Site Coordinator and/or team captains. Referees will not be required to referee the match. However, the field must be cleared at least 15 minutes prior to the scheduled start of the next game.
18. Players will report to midfield to await substitution. Referees and Assistant Referees will administer the substitution in accordance with the FIFA Laws of the Game.
19. Any player, coach, or supporter ejected from a match must immediately leave the premises. Failure to do so will result in the match being terminated.
20. Teams are responsible for removing trash from the field after the game and parking cars in designated parking areas.
21. Alcoholic beverages are not allowed at playing sites.

#### **F. TEAM and PLAYER ADMINISTRATION**

1. An Open League team may have any combination of male or female players on the field at any one time. There are no gender restrictions on team composition in the Open League.
2. Coaches', Assistant Coaches' and Team Managers' Passes or official NCASA match rosters accompanied by a valid form of identification (government issued ID or a USSF/NCASA issued player pass) will be presented to the referee on the field. Failure to present a valid USSF/NCASA player pass, or valid government ID will disqualify a player from a contest. ABASA must certify the passes before use. Rosters may be shown via smart phone in the absence of a paper copy.
3. For a player to participate in a game the photo on the Player Pass or ID must clearly match the player's face, the name on the Player Pass or ID must appear on the roster, and the number on the roster must match the number on the player's jersey.



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4. Handwritten changes or additions to match rosters will not be accepted on game day at the fields, unless so authorized by an Officer of the Board. Hence, players not appearing on the official NCASA match roster will be ineligible to play on that game day. Digital match rosters will be accepted, and either the captain or the referee is tasked with putting the digital roster to paper for the match.
5. Player passes are issued at the beginning of the NCASA calendar year in February. Even if the player pass is issued at a later date that player pass is only valid for that calendar year. It will be at the discretion of the ABASA Board or of NCASA to reissue or revoke player passes.

### **G. Player Registration (Specific)**

1. Players must be at least 18 years old to play in ABASA. The player must be 18 at the time of registration and first game.
2. Players are only allowed to register with one team in each league.
3. Upon registration, each player will be provided with an USSF/NCASA player pass.
4. There are no team transfers allowed during the course of a season without Board approval.
5. Players for a team that disbands will automatically be released unless the team or player is under suspension.
6. Players are automatically released at the end of their team's season.
7. All player releases and transfers must go through and be approved and certified by the ABASA Board.
8. Previously unregistered players may be added to a team roster during the season up until the deadline set each season by the Board (generally a few weeks before the regular season ends). In order to be eligible for post-season tournaments, players must be registered and paid before registration closes.
9. Players may transfer teams at the discretion of the Board prior to the fourth game of the season.

### **H. Fines and Suspensions**

1. If a team forfeits two or more games in a season, the team runs the risk of losing their spot in the division the following season at the discretion of the ABASA Board.
2. A team not appearing for a scheduled game more than once during a season may be fined or may face disciplinary action at the discretion of the ABASA Board.



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3. Any player accumulating three (3) yellow cards during a season shall stand suspended for at least one (1) game immediately after accumulation of the third yellow card. From thereon, every time that player accumulates two (2) more yellow cards within that same season, they shall be suspended for another game. If a player is sent off during a match when they return from suspension, they will still have the same number of accumulated yellow cards as before the suspension. The Board's D & C Committee shall be the final arbiter on any additions or enhancements to this rule.
4. A player who has been sent off shall automatically stand suspended for (1) game. If further punishment is necessary, the incident will be reviewed by the D & C Committee, which shall be the final arbiter on any addition to the length of the suspension. A player who is ejected from a match due to violent conduct will be suspended for a minimum of 3 games. ABASA will notify NCASA D & C of the incident, and the player may be suspended for more games by NCASA.
5. For threatening or abusive action towards match officials before, after or during a match, a separate referee abuse report may be filed with NCASA.
6. ABASA reserves the right to call a disciplinary meeting, through the D & C Committee, with the player(s) involved, and referee(s) to investigate any incident deemed worthy of investigation.
7. This Association shall recognize suspensions or rulings of other state-affiliated leagues of which they have been notified.
8. The ABASA Board reserves the right to sanction all players and teams as a result of a disciplinary hearing.
9. Sanctions may consist of warnings, suspension, probation, fines, loss of points from the offending team, expulsion from ABASA, or any penalty deemed fit by the Board and/or the Disciplinary Committee.
10. It is ABASA's policy to only hear appeals on multi-game suspensions. Yellow cards or one-game suspensions are not appealable.

#### **I. Appeals**

1. A protest of a match or appeal of a sending off may be made pursuant to the published D & C Committee rules and regulations.
2. Any grounds for protest of a match must be made to ABASA, at the time the offended party is made aware of a perceived injustice.





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### **J. Referees**

1. All ABASA game officials must be certified and registered through USSF.
2. ABASA will conduct all payment with referees.
3. It is the responsibility of the referee to enforce the Laws of the Game, and any addendums to the LOTG which may apply on a league-by-league basis.
4. The referee is required to file an online match report. Game score as well as other related incidents including severe injuries, accidents, cautions, and send offs shall be reported.
5. Any act(s) of unruly conduct from players, coaches, or fans is also to be reported.

### **K. Important Things to Remember**

1. Shin guards are mandatory for all ABASA matches. Socks must cover guards. No exceptions. No guards, = No play!
2. No changes in the game schedule are permitted without permission of the Association's Office.
3. Games will be postponed ONLY for inclement weather (check the web site) or for reasons deemed acceptable by the ABASA Board.
4. All efforts will be made to reschedule matches cancelled due to inclement weather. In the event matches cannot be made up, the Board will hear recommendations from the League Representative and/or team captains of the affected teams, about how to address such unscheduled matches.
5. Any team found to be in grossly negligent disregard for the facilities on which we play will be subject to review by the Board and disciplined as the Board sees fit.
6. All players, team organizers/officials and spectators are responsible for knowing and complying with the County of Buncombe ordinances relating to conduct on public property. All members of the Board of Directors of ABASA are responsible for enforcing the rules and regulations of the corporation. Failure to do so may constitute grounds for removal from the Board of Directors. ABASA will not, as a matter of policy, sponsor or schedule games with teams not affiliated with the NCASA or USSF. ABASA teams that play unaffiliated teams will do so without the authorization of the ABASA and will not be covered by the NCASA insurance policy.



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#### **L. ABASA POLICY on RESCHEDULING / FORFEITER of GAMES**

1. Weather or Non-Soccer Related Reschedules. All game or field cancellations by ABASA or ABYSA officials will be rescheduled on play dates determined by the ABASA office.
2. TEAM RESCHEDULE REQUESTS. If a team requests to reschedule a game, the following procedures and fees will apply. The Team Captain must notify their League Representative in writing (email acceptable) and present a valid reason for the request to reschedule the game. The request must be approved by the ABASA League Rep. and the opposing captain. The options available for reschedule requests will primarily be on non-play dates (i.e., Saturday) or as field space permits.
  - a) More Than 72 HOURS Notice: The Team Captain must notify his/her ABASA League Representative at least 72 hours prior to the proposed cancellation of the reschedule request. Each team will be provided with two new date options for the reschedule. Both teams must agree on a new date for the reschedule. If a date is not agreed upon, the game will be recorded as a 3-0 forfeit for the team that was not able to make the originally scheduled game.
  - b) Less than 72 HOURS Notice: The game will not be rescheduled. The score will be recorded as a 3-0 loss for the team that was not able to make the originally scheduled game. The team forfeiting will be assessed an Administrative Strike.
  - c) Forfeits at the Field: If a team fails to play a scheduled game (no show), it will be considered a forfeit. The game will not be rescheduled, and the score will be recorded as a 3-0 loss for the team that was not able to make the originally scheduled game. The team unable to play will receive a 2 Point Deduction from their point total immediately along with an Administrative Strike recorded.
  - d) No reschedule requests will be considered in the last two weeks.